

## BOLD: Six Praying Women, One Faithful God, Introductory Session (optional)

- Welcome /Introductions
- Announcements (when and where meetings will be held, etc.)
- Hand out books and have women flip through while you familiarize them with the format (six weeks of study, five days each to be done before meetings where teachings will be watched). Show them that video viewer guides are in the back.

Read Matthew 6:5-13, aloud

“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. <sup>6</sup> But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

<sup>7</sup> And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words.

<sup>8</sup> Do not be like them, for your Father knows what you need before you ask him.

<sup>9</sup> “This, then, is how you should pray:

“Our Father in heaven,  
hallowed be your name,

<sup>10</sup> your kingdom come,  
your will be done,

on earth as it is in heaven.

<sup>11</sup> Give us today our daily bread.

<sup>12</sup> And forgive us our debts,  
as we also have forgiven our debtors.

<sup>13</sup> And lead us not into temptation,  
but deliver us from the evil one.”

Underline, highlight, or circle anything that is especially meaningful for you in these verses today. What might the Lord be saying to you in your current season and circumstances?

Each week of our study will focus on one aspect of the Lord’s prayer—(verses 9-13) that Jesus gave in the above passage. This is a familiar passage, and yet, if we slow down and allow ourselves to digest it—it has much to offer, as we will find throughout our study.

What are your experiences with the Lord’s prayer? Share some with our group.

## DISCUSSION QUESTIONS

Icebreaker (loosen things up with a lighthearted question):

*What are your first memories of praying (it could be you praying or listening to others pray)?*

*Where are you in your prayer life right now? What are your habits? What are some prayer tactics you’ve tried?*

*What are you hoping to learn or accomplish through this Bible study?*

*Where would you like your prayer life to be at the conclusion of the study?*

*What stuck out to you during this discussion? Do you have any final thoughts?*

For printable discussion guides, go to: [rachelrisner.com/](http://rachelrisner.com/)