

A Woman of Worship



Key Scripture

"This time I will praise the Lord!"
Genesis 29:35

Why can we worship God?

1. God is a good creator.

God saw all that he had made, and it was very good.

Genesis 1:31

2. God is attentive to our suffering.

Not one (sparrow) is forgotten by God. Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows."

Luke 12:6-7

3. God is our portion—He is enough!

Whom have I in heaven but you? And earth has nothing I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Psalms 73:25-26

For personal reflection or group discussion.

Get talking. Loosen up with lighthearted conversation.

- What is one of your favorite worship songs? Why do you like it?
- In what ways have you been tempted to compare yourself to others?

Start thinking. Ask questions to get your group thinking.

- Reflect on Leah's willingness to worship even when life wasn't what she hoped it would be. What dreams for your life might God be calling you to let go in order to more fully worship Him?
- Rachel shared three reasons we can worship God in the video lesson (see the notes on the left of this page). Which one did you need to hear the most?

Start sharing. Choose questions that create openness.

- How might meditating on the truths from today's lesson override your tendency to compete and compare?
- Think of someone you know who is an example of a woman of worship. What evidence do you see in her life of her adoration of Christ?
- Can you relate to the story of Meghan Vogel picking up the struggling runner and helping her to finish the race? How might we practically live this concept out in relation to the fellow runners in the race of faith?

Review workbook activities. (Share even more as time allows).

- Pages 80-81 speak about our tendency to think of legacy in terms of our "to-do list" for the Lord. How does the concept of man's chief end being worship put your "to-do" list in perspective?
- On page 68 what "if onlys" did you write about? How might God be replacing your "if onlys" with a "wait and see"?

Start doing. Commit to a step, and live it out this week.

- Take a practical step towards focusing on Christ instead of your disappointments this week—be specific with how you will cultivate a worshipful heart.
- Take some quiet time for intentional worship. Play a song or go for a walk without any other distractions so that you can be fully focused on the Lord.

For more resources to use with the Significant Bible study, visit rachelrisner.com/significantbiblestudy

