

The Beauty of Trusting God

Key Scripture

This is how the holy women of old made themselves beautiful. They put their trust in God and accepted the authority of their husbands. For instance, Sarah... You are her daughters when you do what is right without fear...

1 Peter 3:5-7

Why can we trust God?

1. God is constant.

Jesus Christ is the same yesterday and today and forever.

Hebrews 13:8

2. God is a shelter.

The name of the Lord is a fortified tower; the righteous run to it and are safe.

Proverbs 18:10

3. God is in control.

Now the Lord was gracious to Sarah as he had said, and the Lord did for Sarah what he had promised.

Genesis 21:1

For more resources to use with the Significant Bible study, visit rachelrisner.com/significantbiblestudy



For personal reflection or group discussion.

Get talking. Loosen up with lighthearted conversation.

- For you, what is the single most important step in your beauty routine as you get ready each day? Why?
- Have you ever known someone who seemed beautiful at first, but whose inner spirit detracted from their appearance? What was it about their inner self that made them seem less beautiful?

Start thinking. Ask questions to get your group thinking.

- Reflect on Sarah and Abraham's willingness to leave Ur and set out for "the land I will show you" (Genesis 12:1). What might God be calling you to leave behind to pursue deeper relationship with Him?
- Rachel shared three reasons we can trust God. Which one did you need to hear the most today?

Start sharing. Choose questions that create openness.

- Have you ever followed God's lead, only to have things seem to turn out for the worse, like the famine for Sarah and Abraham? Share what happened.
- Think of a woman you know who is an example of godly inner beauty. What is it about her that radiates Christ?
- Can you relate to the story of Rachel's three-year-old daughter struggling and fighting for her own way, but ultimately finding peace in releasing control? Describe why.

Review workbook activities. (Share even more as time allows).

- In your workbook, which truth from Isaiah 43 did you mark that you find most difficult to believe lately? (on p. 28)
- On page 42 what did you write or draw about? Share with a friend about this challenge.

Start doing. Commit to a step, and live it out this week.

- Take a practical step towards the true beauty of trusting God this week—be specific with how you will cultivate your trust in God and step forward in faith.
- Write out a prayer to God, asking for help with one of this week's topics: faith, trust, obedience, patience, or inner beauty.